



The Pilgrim

പിരിശ്രിം (തീർത്ഥാടകൻ)

A monthly Newsletter published for the
Church of South India, Toronto, Canada
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By
Ranjan Koshie
Editor

Motto for 2009

"For we are God's workmanship, created in Christ
Jesus to do good works."

Eph. 2: 10

നാം അവന്റെ കൈപ്പണിയായി സൽപ്രവൃത്തികൾക്കായിട്ടു
ക്രിസ്തു യേശുവിൽ സൃഷ്ടിക്കപ്പെട്ടവരാകുന്നു.

എഫെസ്യർ 2:10



**President and Pastor
Rev. Raju Jacob**

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Secretary:	Mr. George Samuel
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Women's Fellowship:	Mrs. Susan Joseph
Youth Fellowship:	Miss Gisha Oommen
Auditor:	Mr. Roy Abraham
Trustees:	Mr. Koshy Oommen
	Mr. Vijayan Kunnankody

Editor

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TO ALL OUR READERS

Deadline for contributions: On or before the 3rd week of the month.

If you wish to receive 'The Pilgrim' electronically please send a blank email to ranjan.koshie@autoliv.com or rkoshie@rogers.com.

Please visit our web site csitoronto.org

THE MIND OF CHRIST

Dear all in Christ,

Greetings in the name of Christ!

“So if there is any encouragement in Christ, any incentive of love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfishness or conceit, but in humility count others better than yourselves. Let each of us look not only to our own interests, but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus.” Philippians 2:1-5

In every community, decision making is very important. In a modern parliamentary system, every vote counts. Each individual is allowed to vote for his candidate or for the idea or motion which is placed in the meeting. The church is also a community where we need to make decisions for the sake of the community. The 2008 Lambeth Conference experimented on a new method called INDABA as an alternative to voting on resolutions. This is a shift from the usual method of voting on issues and motions moved in the sessions. This is from the African culture. In traditional get together of African people to sort out a problem that affects them all, everyone in the community has a voice. This is an attempt to find a common mind for the sake of the community. By listening from each other the community arrives at a decision and is able to say that this is what we prayed and talked together. According to Rev. Issac Kawuki there are few principles that a participant in an INDABA must keep in mind

➤ **I AM HERE FOR THE COMMON GOOD**

- Not to advance my personal interests but those of the community
- Not to grab a piece of cake for myself but to ensure that there is enough to go around
- Not to seek sacrifices from others but to offer my own sacrifice to the community needs.

➤ **I SPEAK FOR THE COMMON GOOD.**

- Not to promote my personal agenda but the community agenda
- Not to defend personal interests or rights but those of the community
- Not to get from others what I need but to fulfill what the community needs.

➤ **I AM NOT WINNING OR LOSING**

- The community wins or loses according to the participants actions.

➤ **I MUST MAKE MY VOICE HEARD**

Every member has a voice and it is very important for the growth and good functioning of a community. Inclusiveness is the key in INDABA. Individual voices must be heard and listened to; it is not to be snubbed out.

Let us have the mind of Christ. Let us learn from the INDABA process,

God bless

Achen

Upcoming Special Events

In June

June 6 th .	Song Service
June 14 th .	Women's Sunday
June 21 st .	Combined Service and picnic with St. David's Church

In July

July 5 th .	Men's Sunday
July 11 th .	Ecumenical St. Thomas Day Celebrations
July 19 th .	Half-Yearly General Body Meeting.
July 24 th . -26 th .	Church Family Retreat

In August

August 8 th .	Church Family Picnic (Venue to be announced)
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CHURCH FAMILY RETREAT

Our Church Family Retreat will be held from July 24th to July 26th. 2009. The resource speaker will be Rev. Dr. Jacob Thomas (Ireland). The cost, which includes food on all days and conference expenses, will be as follows:

Adults:	\$25.00 each
Youth Student:	\$15.00 each
Children above 5 years	\$10.00 each

The Youth session will be on July 24th from 5:00 pm – 9:00 pm. The Family session will be on July 25th. from 9:00 am – 9:00 pm. The Sunday Session will be on July 26th. after the worship service from 2:00 pm to 4:00 pm at St. David's Anglican Church

The venue:
St. Augustine's Seminary
2661 Kingston Road
Scarborough ON

DIRECTIONS

FROM THE WEST: Take 401 East - Take the exit ramp to Brimley Road South. Turn right onto Kingston Road – End at 2661 Kingston Road.

FROM THE EAST: Take 401 West – Exit at Markham Road South – Make a right at Kingston Road – End at 2661 Kingston Road

Birthdays

- 2 Oommen Cherian
- 2 Aushin Sanjay
- 3 Anand Alex Mathew
- 3 Soniya Bava Thomas
- 7 Melissa Kanjirappallil
- 8 Jerry John Thuthikattu
- 11 Ponnamma Thomas
- 11 Mary Joseph
- 15 Alex Johnson
- 15 Rejini Gajraj
- 18 Vijayan Kunnankody
- 19 Sheeba Mathew
- 20 Joyce Roy Abraham
- 21 Molly Eapen Kanjirappallil
- 23 Elizabeth Koshie
- 24 Arpit Samuel George
- 26 Valsa Mathew
- 26 Benji Kondoor
- 26 Kevin Thomas
- 26 Ryan James
- 27 Achamma Kanthan
- 29 Eric Kuriyan



Anniversaries

- 6 Zachariah Philip & Elizabeth
- 8 Joseph P. Mathew & Sonia
- 14 Johnson Kattathara & Elizabeth
- 23 Kurien Benjamin & Sunu
- 26 Mathew George & Annie



COME CELEBRATE THIS BLESSED OCCASION

Can you guess who will be the first person in our congregation to celebrate 85 glorious years of God's blessings? – None other than Mrs. Ponnamma Thomas our dear Ammachy.

We will be celebrating this blessed occasion with family during our worship service on June 14th. 2009. Come and be a part of this joyous and blessed occasion.

Bible Readings

June 7th. Trinity Sunday – Worship the Triune God

1st Lesson: Isaiah 6: 1-8
 Psalm: 97
 2nd. Lesson: Romans 11: 33-36
 Gospel: Matthew 11: 22-27
 Read by: Mr. & Mrs. Roy Abraham & family

June 14th. WOMEN'S SUNDAY – Remembering and celebrating Women's Ministry

1st. Lesson: 1 Samuel 1: 1-29
 Luke 1: 46-55 (in lieu of Psalm)
 2nd Lesson: Acts 16: 11-15
 Gospel: Mark 15: 37: 47
 Read by: Women's Fellowship Members

June 21st. 3rd. Sunday after Pentecost – Challenges to Christian Spirituality
 COMBINED SERVICE WITH ST. DAVID'S

1st. Lesson: 1 Kings 21: 1-29
 Psalm: 53
 2nd Lesson: Acts 8: 9-24
 Gospel: Luke 12: 31-21
 Read by: TBA

June 28th. 4th. Sunday after Pentecost – Christian response to Globalization

1st Lesson: Daniel 3: 1-18
 Psalm: 67
 2nd. Lesson: Revelation 21: 22-27
 Gospel: Luke 6: 20-31
 Read by: Mr. & Mrs. John Cherian & family

SOCIAL & ENTERTAINMENT COMMITTEE



The Social and Entertainment Committee would like to thank the following families for providing food during the month of May.

Mr. & Mrs. Sony Thomas and family, Mr. & Mrs. Sajan Itty and family, Mr. & Mrs. Reji Johnson and family, Mr. & Mrs. Joy Chemmanoor and family, Mr. & Mrs. Jean Jacob Varghese and family and Mr. & Mrs. Jayalal Jesudas and family

COMBINED SERVICE AND PICNIC

A combined service with the St. David's Church will be held on Sunday June 21, 2009. The time will be announced later. The service will be followed by a picnic in the parking lot. All are invited for this service

SPECIAL SUNDAYS

We will be celebrating Women's Sunday on June 14, 2009 and Men's Sunday on July 5, 2009.



COTTAGE PRAYERS FOR JUNE 2009

BETHSAIDA. Cancelled due to Song Service

SILOHAM - At the residence of Mr. & Mrs. Kuruvilla Modayil on June 13th at 6:30 pm

JORDAN. At the residence of Mr. & Mrs. Joy Chemmanoor on June 20th at 6:30 pm

GILEAD At the residence of Mr. & Mrs. Jes Victor Daniel on Friday, June 26th at 7:30 pm



Men's Fellowship Corner

"Men on target to honor Jesus love our families and serve our church and community"

"FOOD DRIVE FOR NEEDY"

The Food Drive of the CSI Church, Toronto is a Domestic Outreach program to support Canadian Food banks. Every year, we run Food drive programs twice during Passion Week and Thanksgiving Week. The collected food is dropped at one of the Food Bank or Salvation Army Locations.

The current year (2008-09), marked a year of recession where financial meltdown caused job losses and reduced work hours. Canadian unemployment reached 8% and EI structure is not designed to meet the people in need. This downturn presented a strain on food banks where donations dropped while demands went up. There are places in Ontario, where demands jumped exponentially to 30%. Food banks are raising their targets and planning to run more scheduled events than norms to meet the increased demand.

In this situation, as a Christian Community, our members have proposed to step up our Food drive to a weekly program. A food basket will be placed at the Church every Sunday, which will be blessed by our Achen. There are a number of advantages in doing it on a weekly basis,

- Expected to collect more when run as a regular Sunday program.
- Members will be able to pick up food when doing regular grocery shopping.
- Members can take advantage of Sale/Flyer items
- Better participation by all other church wings, Women's Fellowship, Choir, Youth and Children

April Collections

Item	Total
Soup	54
Pasta	16
Canned Fish	15
Canned Vegetables	14
Cereal	14
Condiments	7
Noodles	6
Canned Beef	4
Cookie	4
Peanut Butter	2
Total	136

Men's Fellowship Updates ...

BLOOD DONATION

A Blood donation clinic was conducted under the auspices of the Men's Fellowship at Brampton on Victoria Day. The clinic began with a presentation by representatives from the Blood Services. A few of our members donated blood Thanks to all of them for showing the true Christian spirit by giving their blood to save other precious lives.

The Men's Fellowship is planning to conduct clinics of this kind in Brampton and Scarborough during the months of August and September. Details will be announced later.

FOOD DRIVE

The Men's Fellowship has started their weekly food drive. Contributions from the Women's fellowship, Youth Fellowship, Sunday school and Choir will be greatly appreciated. One or two cans are all that we ask you to bring. It could be a much needed meal for some one in need. The collected food will be dropped off bi-weekly at the food bank.



Revelation**Understanding the Numbers:**

1. The number **One** stands for Unity. The nature of God.
Deuteronomy 6:4 "Hear, O Israel: The LORD our God is one LORD."
Zechariah 14:9 "And the LORD shall be king over all the earth: in that day shall there be one LORD, and his name one."
2. The number **Two** stands for Witness. The Bible itself is a testimony of witnesses, consisting of the Old & New Testaments that bear witness of the Lord Jesus Christ.
Revelation 1:5 "And from Jesus Christ, who is the faithful witness, and the first begotten of the dead, and the prince of the kings of the earth."
Revelation 11:3 "And I will give power unto my two witnesses, and they shall prophesy a thousand two hundred and threescore days, clothed in sackcloth."
3. The number **Three** is the divine number of God in his Tri-unity. God is not only one, but he is also three in one.
Revelation 7:1 "And after these things I saw four angels standing on the four corners of the earth, holding the four winds of the earth, that the wind should not blow on the earth, nor on the sea, nor on any tree. Three in one. Man who is made in the image of God has a triune nature of body, soul & spirit."
Revelation 1:8 "I am Alpha and Omega, the beginning and the ending, saith the Lord, which is(one), and which was(two), and which is to come(three), the Almighty."
Matthew 28:19 "Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost."
1 Thessalonians 5:23 "And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ."
4. **The number Four is earth number.**
There are four distinct seasons – spring,

summer, fall & winter. There have been only four world empires in all of history. The Bible speaks of four corners of the earth. Isaiah 11:12 "And he shall set up an ensign for the nations, and shall assemble the outcasts of Israel, and gather together the dispersed of Judah from the four corners of the earth." Revelation 7:1 "And after these things I saw four angels standing on the four corners of the earth, holding the four winds of the earth, that the wind should not blow on the earth, nor on the sea, nor on any tree."

Number four multiplied with ten = forty, a number for testing & trial on earth.

Genesis 7:12 "And the rain was upon the earth forty days and forty nights."

Exodus 16:35 "And the children of Israel did eat manna forty years, until they came to a land inhabited; they did eat manna, until they came unto the borders of the land of Canaan."

Exodus 24:18 "And Moses went into the midst of the cloud, and gat him up into the mount: and Moses was in the mount forty days and forty nights."

Jonah 3:4 "And Jonah began to enter into the city a day's journey, and he cried, and said, yet forty days, and Nineveh shall be overthrown."

Matthew 4:1 "Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil. Matthew 4:2 "And when he had fasted forty days and forty nights, he was hungry."

5. **The numbers Five & Ten speak of Completeness.**
We have five fingers, five toes & five senses (sight, smell, hearing, taste & touch)
Number ten speaks of fullness. God gave us Ten Commandments. Ecclesiastes 12:13 "Let us hear the conclusion of the whole matter: Fear God,

and keep his commandments: for this is the whole duty of man. When God judged Egypt he sent ten plagues." When antichrist takes over he will have full power. Revelation 13:1 "And I stood upon the sand of the sea, and saw a beast rise up out of the sea, having seven heads and ten horns, and upon his horns ten crowns, and upon his heads the name of blasphemy." According to Revelation 2:10 the number ten has special significance when the church will be persecuted fully (means that God allows the Church a full & complete tribulation) "Fear none of those things which thou shalt suffer: behold, the devil shall cast some of you into prison, that ye may be tried; and ye shall have tribulation ten days: be thou faithful unto death, and I will give thee a crown of life."

6. **The number 6 speaks of the number of man.**

Revelation 13:18 - Here is wisdom. "Let him that hath understanding count the number of the beast: for it is the number of a man; and his number is Six hundred threescore and six. 666. The beast is the Antichrist who will come to rule the world." Man also was created on the sixth day. The beast identifying himself as 666 is pretending to be God. 3 being the number of God & 6 being the number of man, the Antichrist will sit in the temple of God promoting himself as God.

7. **Seven is the number of perfection.**

God has written seven through everything. 7 days in a week, 7 notes in a musical scale. Joshua marched 7 times around Jericho. 7 Parables of the kingdom in Matthew 13. The Seven beatitudes in Revelation: 1:3, 14:13, 16:15, 19:9, 20:6, 22:7 & 22:14. The multiples of 7 have significance. Jesus sent 70 to preach the gospel (Luke 10:1). 70 weeks in the book of Daniel that speaks of God's dealing all of time (Dan 9:2, 24). Psalm 90:10 tells us that human life span is 70 years,

(The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away).

The division of 7 has significance. When 7 is cut, violence is done to the 7, which speaks of danger, division & foreboding.

Half of 7 is three & one half years. Luke 4:25 "But I tell you of a truth, many widows were in Israel in the days of Elijah, when the heaven was shut up three years and six months, when great famine was throughout all the land."

James 5:17 "Elijah was a man subject to like passions as we are, and he prayed earnestly that it might not rain: and it rained not on the earth by the space of three years and six months."

The Antichrist will make a covenant with Israel for 7 years - then in the midst of seven he will break that covenant.

Daniel 7:25 - "And he shall speak great words against the most High, and shall wear out the saints of the most High, and think to change times and laws: and they shall be given into his hand until a time (1 year) and times (2 years) and the dividing of time (6 months)."

Revelation 13:5 "And there was given unto him a mouth speaking great things and blasphemies; and power was given unto him to continue forty and two months (3 & 1 1/2 years)."

Menorah is a symbol of Jewish faith having 7 candelabrum, having a central shaft that speaks of 1 which is Jesus & 3 branches on either side (total 6) his Church (the man) who is to

be the light of the world. Revelation 4:5 – “And out of the throne proceeded lightning and thunder and voices: and there were seven lamps of fire burning before the throne, which are the seven Spirits of God.”

8. The number Eight stands for new beginnings or new birth & speaks of grace. Eighth day (Sunday) is the start of a new week. Christians worship on the eighth day, the day (after Sabbath) Jesus Christ rose from the dead. The eighth note on a musical scale begins a new octave. 8 people were saved out of the ark after the great flood – Noah, his wife, Shem, Ham & Japheth & their wives. Jesus appeared to his disciples on the eighth day even though the doors were closed.

In Greek the name Jesus is **lesous**. Each Greek letter has numerical significance where:

I ota	10
E ta	8
S igma	200
O micron	70
U psilon	400
S igma	200

Total 888

12. The number twelve is God's governmental number. Multiplying 3 (divine number) by 4 (earth number) will result in 12. There were 12 patriarchs in the Old Testament, 12 disciples in the New Testament. Matthew 19:28 “And Jesus said unto them, Verily I say unto you, that ye which have followed me, in the regeneration when the Son of man shall sit in the throne of his glory, ye also shall sit upon twelve thrones, judging the twelve tribes of Israel.” Revelation 4:4 “And round about the throne were four and twenty seats: and upon the seats I saw four and twenty elders sitting, clothed in white raiment; and they had on their heads crowns of gold. The 12 patriarchs & 12 apostles make the 24 elders seated on the 24 thrones.”

Thus we see that Numbers have a symbolic meaning because of God's sovereign wisdom & plan.

Contributed by John Mathew

BIBLE READINGS FOR JULY 2009

July 5th. 5th. Sunday after Pentecost – Stewardship, resource management and Accountability - MEN'S SUNDAY

1st Lesson: 2 Kings 12: 1-6
Psalm: 15
2nd Lesson: Philippians 4: 10-20
Gospel: Luke 19: 11-27

July 12th. 6th. Sunday after Pentecost – Nurturing the people of God in Faith

1st. Lesson: Amos 7: 10-17
Psalm: 119: 33-48
2nd Lesson: 1 Timothy 4: 6-15
Gospel: Mark 6: 30-44

July 19th. 7th. Sunday after Pentecost – Poverty; the Churches solidarity with the poor

1st. Lesson: Amos 8: 4-7
Psalm: 145
2nd Lesson: Acts 4: 27-32
Gospel: Luke: 4: 16-21

July 26th. 8th Sunday after Pentecost – Ordained Ministry – Called to commitment

1st.Lesson: Jeremiah 1: 4-19
Psalm: 122
2nd. Lesson: Galatians 2: 1-10
Gospel: Matthew 16: 13-20

"HONEY, REMEMBER JAMES?"

Some time back an employee who was laid off after a 35-year service from our company came with her husband to our office to complete some paperwork. During our conversation, I could see that her anger and frustration of being laid off was coming to the surface. She was very sore at the company and the managers and everyone. As she started to vent her frustration against everyone her voice and tone changed and I could feel a tirade coming. At that moment her husband softly touched her arm and said, "Honey, remember James?" At those words she stopped her emotional outburst and remained silent. It didn't make any sense to me at that time and every time she resumed her emotional tirade the husband would say the same words, "Honey, remember James?" This went for quite some time. These three words seemed to have an overpowering effect on her. A transformation seemed to take place every time these words were spoken.

I was very curious to find out who this 'James' was and what was this tremendous influence he had on her. Before leaving, the husband apologized profusely for his wife's unwarranted emotional outburst. It was then that I asked him about this 'Mr. James'. To my question, he replied, "My friend, I am referring to James chapter 3 of the New Testament." He added, "Read it and you will find my answer there." And they left.

After reading James chapter 3, it suddenly dawned on me that we have never given much thought to taming our tongues. Yes, we are overly concerned about the health and well-being of our heart, lungs, teeth, the wrinkles on our face, the grey hairs etc. We enjoy spending our time and money on our physical looks and health. We want to look good, we use layers of make-up to cover the wrinkles on our face, 'paint' the graying hairs that seem to increase as we grow older. We will do anything to look attractive and good. But what do we do keep our tongues beautiful and healthy? Do you ever think before speaking? Very few do. The Bible is very clear on the role of our tongues in our day-to-day and spiritual lives.

I found this very interesting and very important especially for us Christians. Hence I decided to delve deeper into this stimulating subject and focus my editorial for this month on this

intriguing subject.

Have you given much thought to your tongue? What have you done to make your tongue beautiful and healthy? Do you look often at your tongue in the mirror? Do you go on shopping trips for your tongue in the mall? Do you diet to get your tongue back into shape?

Is your tongue beautiful? Or is it ugly? Of course, I am not referring to its physical beauty. Although the tongue is small, it is one of the most important members of the body. The tongue can build others up or tear them down. It has to be controlled. Even though the tongue is small, it has tremendous influence on how others measure us.

God has given us the power and the ability to tame the wildest of lions and tigers, the biggest elephants, venomous snakes and all other living and creeping things under the sun. But, we are not able to tame our tongue- perhaps the smallest part of our human body. We have completely failed to control our tongue and we find it difficult and condescending to admit it. We still assume that we control our tongue. In fact, we have all failed miserably in this area.

James 3:3-5 says, "Behold, we put bits into horses' mouths, that they may obey us; and we turn about their whole body. Behold also the ships, which though they be so great, and driven of fierce winds, yet are they turned about with a very small helm, whithersoever the governor listeth. Even so the tongue is a little member, and boasteth great things. Behold how great a matter a little fire kindleth!" Just as the rudder of a great ship can change the direction of the entire vessel, the tongue can greatly affect things.

The Bible says in Proverbs 18:21, "Death and life are in the power of the tongue..." The tongue can lead a person to Christ. The tongue can lead a person away from Christ. The tongue can bring praise and honor to God, or the tongue can blaspheme and curse God. The tongue can win friends or lose them. The tongue must be brought under control if it is to be a

beautiful tongue. And that is not easy! In fact, the Bible says that no man can tame the tongue. Without the Lord's help, it is impossible to tame or control the tongue.

James 3:7, 8 says, "For every kind of beasts, and of birds, and of serpents, and of things in the sea, is tamed, and hath been tamed of mankind: But the tongue can no man tame; it is an unruly evil, full of deadly poison." Animals of all kinds have been tamed according to the Bible, but the tongue no man can tame. The power of God's Holy Spirit can enable us to control our tongues.

There is some good advice in God's Word concerning the tongue. James 1:19 says, "Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath." We often need to put the brakes on our tongue and be silent. The book of Ecclesiastes tells us that there is "a time to keep silence, and a time to speak." Let's look at some verses in Proverbs: Proverbs 17:27, 28 says, "He that hath knowledge spareth his words: and a man of understanding is of an excellent spirit. Even a fool, when he holdeth his peace, is counted wise: and he that shutteth his lips is esteemed a man of understanding." Being "slow to speak" but "swift to hear" is good advice.

Gossip and flattery are the two masterpieces of the tongue. A colleague gave me a poster which I have put up on my office wall which reads. **'Gossip is something we tell about a person behind their backs but would not say in front of their face. Flattery is what you tell a person in front of his face that you would not tell behind his back'**. Yes, aren't we all guilty of it? How many times have we been found guilty of flattery and gossip? The only difference I find between flattery and gossip is that we all like to be flattered. We sometimes yearn for it. If some one does not flatter us we don't seem to like the person. On the other hand we like to spread gossip about someone else but not about ourselves. The tongue gets the venom from the devil.

Gossip is one of those sins that has been forbidden throughout the Word of God.

No doubt about it! The gossip keeps a fire going! "Where no wood is, there the fire goeth out: so where there is no talebearer, the strife ceaseth (Proverbs 26:20)."

We can use the tongue to slander, to gripe, to scold, to nag, to find fault in others and to quarrel; or we can bring it under the control of God's Spirit and make it an instrument of blessing and praise. Only God can control it as we yield to Him.

Our tongue can be used to bring the gift of eternal life to a lost person (Romans 6:23). In fact, we are commanded to do so in Mark 16:15, "...go ye into all the world and preach (tell) the gospel to every creature." A witnessing tongue is a beautiful tongue.

Peter, the apostle, experienced this joy on the day of Pentecost having led three thousand people to Christ. Have you been using your tongue to glorify the Lord? Has your tongue brought the good news of Christ to a lost person? Is your tongue kind and considerate? Is it a compassionate, loving tongue? Maybe you could enhance the beauty of your tongue.

"Speak not evil one of another, brethren... (James 4:11)."

Let us ask the Almighty to help us to control our tongues and the words that come out of it whether it be in time of peace or in time of internal war. Let us ask God to transform our tongues to be a source of healing and blessing. Let us leave it all to God and He will make us better persons. Our words speak a lot about ourselves.

Today, use your tongue to bring joy, peace, and happiness into the lives of others. Thank others for their friendship. Encourage those who are struggling. Most of all use your words to praise God throughout the day and not yourselves or others. And as they always say:

'HONEY, REMEMBER JAMES?'

**"He who guards his mouth preserves his life
But he who opens wide his lips shall have destruction."**

Proverbs 13:3